EO C190.06 – DEMONSTRATE RESPECT FOR THE ENVIRONMENT DURING AN AIRCREW SURVIVAL EXERCISE

1. **Performance**: Demonstrate Respect for the Environment During an Aircrew Survival Exercise

2. **Conditions**:

   a. Given:

      (1) Supervision, and

      (2) Assistance as required.

   b. Denied: Nil.

   c. Environmental: Aircrew survival exercise training area.

3. **Standard**: The cadet shall demonstrate respect for the environment during an aircrew survival exercise.

4. **Teaching Points**:

TP	Description	Method	Time	Refs
TP1	Discuss the importance of low impact camping.	Interactive Lecture	5 min	C3-005 (pp. 251–253) C3-008 (pp. 98–100)
TP2	Discuss factors while cooking.	Interactive Lecture	5 min	C3-005 (pp. 253–255)
TP3	Discuss factors while washing.	Interactive Lecture	10 min	C3-005 (pp. 254–255)
TP4	Discuss waste disposal methods.	Interactive Lecture	5 min	C3-005 (pp. 257–258)

5. **Time**:

   a. Introduction / Conclusion: 5 min

   b. Interactive Lecture: 25 min

   c. Total: 30 min

6. **Substantiation**: An interactive lecture was chosen for this lesson to present information on respecting the environment during an aircrew survival exercise.

7. **References**:

   a. C3-005 ISBN 0-89886-814-9 Sierra Club San Diego Chapter. (1999). *Wilderness basics: The complete handbook for hikers & backpackers*. Portland, OR: The Mountaineers Books.

   b. C3-008 ISBN 0-02861-100-4 Mouland, M. (1999). *Complete idiot's guide to camping and hiking*. Toronto, Canada: Alpha Books.

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8. **Training Aids**:

    a. Example of low impact survival exercise training area,

    b. Biodegradable soap, and

    c. Biodegradable shampoo.

9. **Learning Aids**: Nil.

10. **Test Details**: Nil.

11. **Remarks**: The directives outlined in CATO 11-08 *Environmental Protection and Stewardship* are to be adhered to during this training.

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