EO C111.01 – PARTICIPATE IN A BIATHLON BRIEFING

1. **Performance**: Participate in a Biathlon Briefing

2. **Conditions**:

   a. Given:

      (1) Supervision, and

      (2) Assistance as required.

   b. Denied: Nil.

   c. Environmental: Classroom or training area large enough to accommodate the entire group.

3. **Standard**: The cadet shall participate in a biathlon briefing, to include:

   a. an introduction to biathlon, and

   b. an introduction to competitive events within the Canadian Cadet Movement (CCM).

4. **Teaching Points**:

TP	Description	Method	Time	Refs
TP1	Introduce biathlon, to include: a. the sport of biathlon, and b. the types of races.	Interactive Lecture	10 min	A0-036 (pp. 4-3-7 to 4-3-16) A0-036
TP2	Describe competitive events in the CCM, to include: a. stage 1: local squadron, b. stage 2: zone, c. stage 3: provincial / territorial, and d. stage 4: national.	Interactive Lecture	15 min	A0-036 (pp. 4-2-1 to 4-3-6)

5. **Time**:

   a. Introduction / Conclusion: 5 min

   b. Interactive Lecture: 25 min

   c. Total: 30 min

6. **Substantiation**: An interactive lecture was chosen for this lesson to introduce biathlon and provide an overview of the sport.

7. **References**:

   a. A0-036 Cadets Canada. (n.d.). *Canadian cadet movement: Biathlon championship series*. Ottawa, ON: Department of National Defence.

   b. C0-084 Biathlon Canada. (2003). *Biathlon Canada handbook*. Ottawa, ON: Biathlon Canada.

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Verify against the official publication.

8. **Training Aids**: Presentation aids (eg, whiteboard / flipchart / OHP / multimedia projector) appropriate for the training area.

9. **Learning Aids**: Nil.

10. **Test Details**: Nil.

11. **Remarks**: Nil.

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