EO C103.02 – PARTICIPATE IN SELF-INTRODUCTIONS

1. **Performance**: Participate in Self-Introductions

2. **Conditions**:

   a. Given:

      (1) Supervision, and

      (2) Assistance as required.

   b. Denied: Nil.

   c. Environmental: Classroom or training area large enough to accommodate the entire group.

3. **Standard**: The cadet shall introduce themselves to the group.

4. **Teaching Points**:

TP	Description	Method	Time	Refs
TP1	Conduct a self-introduction activity by having the cadets: a. prepare notes before the introductions begin; and b. introduce themselves, to include: 1. name; 2. what school they attend; 3. what grade they are in; 4. why they joined cadets; 5. hobbies; 6. interests; 7. in general, career ambitions; and 8. any other information they wish to share with the group.	In-Class Activity	15 min	C0-021 (pp. 2 and 3)
TP2	Lead a discussion on the importance of the self-introduction activity in regards to developing communication skills.	Group Discussion	10 min	

5. **Time**:

   a. Introduction / Conclusion: 5 min

   b. In-Class Activity: 20 min

   c. Group Discussion: 5 min

   d. Total: 30 min

6. **Substantiation**:

   a. An in-class activity was chosen for TP 1 as it is an interactive way to reinforce self-introductions and to provoke thought and stimulate interest among cadets.

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b. A group discussion was chosen for TP2 as it allows the cadets to interact with their peers and share their knowledge, opinions and feelings about self-introductions.

7. **References**: C0-021 ISBN 1-58062-513-4 Adams, B. (2001). *The everything leadership book*. Avon, MA: Adams Media.

8. **Training Aids**: Presentation aids (eg, whiteboards / flipcharts / OHP / multimedia projector) appropriate for the training area.

9. **Learning Aids**:

   a. White board and markers; and

   b. Paper and pens.

10. **Test Details**: Nil.

11. **Remarks**: Nil.

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